FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Went Gregory T				2. Issuer Name and Ticker or Trading Symbol Adamas Pharmaceuticals Inc [ADMS]							Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
(Last)	(Fir:	st) (N	Middle)		te of E 1/201		Trans	saction (I	Month	n/Day/Year)			X	Offic belo	er (give title w)		(specify
1900 POWELL ST., SUITE 750			4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable				
(Street) EMERYVILLE CA 94608												Line) X	Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(Sta		(ip)														
			e I - Non-Deriv				Acc		Dis								
Date		2. Transacti Date (Month/Day/	Year) i	2A. Deemed Execution Date,) if any (Month/Day/Year)	·	3. Transaction Code (Instr. 8)		4. Securities Acquired (Disposed Of (D) (Instr. 3 5)				Secur Bene Owne	5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership		
								Code	v	Amount	(A) o (D)	r _{Pri}	ce	Repo		(Instr. 4)	(Instr. 4)
Common	Stock		03/21/20	18				S ⁽¹⁾		4,541	D	\$2	5.75(2)	1	82,610	D	
Common	Stock											┸		1	95,392	I	By Trust
Common	Stock													8	30,000	I	Gregory T. Went & Marjorie S. Went ttees 2012 Irr Trust FBO Bridget Elise Went
Common	Stock													8	80,000	I	Gregory T. Went & Marjorie S. Went ttees 2012 Irr Trust FBO Cora Margaret Went
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code (I	ransaction of Code (Instr. Deriva		ative ities red sed 3, 4	Expiration D (Month/Day/		ate	7. Title and Amount of Securities Underlying Derivative Security (Instr 3 and 4) Amou or Numb of		of Der Sec (Ins	rice ivative urity tr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(: (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Exercisa	able		Title	Share	s				

Explanation of Responses:

- 1. Pursuant to the mandatory sale to cover withholding tax requirements of the issuer's equity incentive plan, the shares were sold to cover the tax obligation realized upon the vesting of restricted stock units.
- 2. The shares were sold at prices ranging from \$25.66 to \$25.91. The reporting person will provide upon request to the SEC, the issuer or security holder of the issuer, full information regarding the number of shares sold at each separate price.

Remarks:

/s/Jennifer Rhodes, as Attorney-in-fact

03/22/2017

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.